



## **ERIS Web Journal 2/2014**

### **Risk Situations in Senior Age**

*Gabriela Nytra, Zuzana Vontorová*

#### **Abstract**

The authors deal with the topic of late age, a period of life in which biological, psychological and social consequences of aging can result in a risk situation, so called the crisis of living. Although the crisis affect human throughout life, in the late stage of age are more likely and tend to accumulate. For the growing number of elderly people in society is a life crisis situation often associated with the death of a life partner or partners, institutionalization, illness and limiting or lack of self-sufficiency. The paper focuses on life crises seniors, which is associated with (1) widowhood and (2) significant limitations of self-sufficiency of individuals due to illness.

It represents the project realized within specific university research students grant competition at the Faculty of Social Studies, entitled: “*Coping with the risk situations of old age*”. The paper contains information about the investigated issues that led to the formulation of the research project, the objectives and research questions. Within the proposed project the empirical research was carried out to understand the social situation of seniors facing life crisis and identify strategies to manage these crises.

#### **Key words**

age, seniors, crisis, widowhood, limitation or lack of self-sufficiency, empirical research